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## Needlestick injuries among obstetrics and gynecology trainees: a study design to investigate an underestimated priority

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On behalf of the Italian Society of Gynecology and Obstetrics (SIGO).

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## ABSTRACT

Risk of needlestick injuries (NSIs) is high in surgical staff. Medical students and trainees have reported the highest rate of NSIs, and Obstetrics and Gynecology is considered a high-risk specialty. The risk associated to NSIs is further increased by the high prevalence of blood borne pathogens in the population. Nevertheless, the degree of concern about contraction of these serious infections has been reported significantly lower over time, showing diminishing attitudes toward prevention of exposure and lack of consideration as a major problem, in fact most of NSIs resulted unreported. Therefore, education is fundamental to change individual attitudes and behaviors, to improve awareness and increase the use of standard protections, in order to reduce the injury rate and implement reporting to hospital surveillance systems. The proposed study aims to assess NSIs in trainees currently attending residency programs in Obstetrics and Gynecology in all academic hospitals of Italy, with a standardized, pre-piloted, national-based survey. At this purpose, we developed the Obstetrics Needlestick Injury Questionnaire (ONSI-Q), a 40-items survey that will be completed via a web-based platform. The ONSI-Q investigates real incidence of NSIs, adopted protection practices, presence of associated risk factors, and attitudes and rate of the reported accidents among trainees during obstetric procedures (suture of perineal tear/episiotomy and cesarean section). These results will provide the opportunity to investigate an underestimated priority, in order to encourage educational practices with the aim to improve prevention and reporting strategies, and therefore increase occupational safety in this high-risk surgical specialty.

**Key words:** Needlestick Injuries; Risk assessment; Occupational exposure; Obstetrics and Gynecology; Postgraduate training; Study design.

## INTRODUCTION

All healthcare providers who perform invasive procedures with sharp instruments are at increased risk of needlestick injury (NSI)<sup>(1)</sup>. NSIs may result in important health consequences and psychological stress for healthcare providers and, indirectly, for their relatives<sup>(2)</sup>. Although readily preventable, the high incidence of NSIs persists, with elevated risk both in the operating room (OR) and inpatient room settings<sup>(3)</sup>. According to recent data reported by the Centers for Disease Control and Prevention, about 385,000 sharps injuries among healthcare workers occur annually in the United States, with an estimated overall cost for managing a single NSI ranging from \$650 to \$750<sup>(4,5)</sup>. With regard to the European Countries, it is estimated that more than 1 million

## SOMMARIO

Il personale di sala operatoria, gli studenti di medicina e i medici in formazione specialistica sono le categorie che riportano il più alto tasso di punture d'ago e l'ostetricia e ginecologia è considerata una delle specialità con la più alta probabilità di riportare lesioni. Ad aumentare ulteriormente il rischio, vi è l'elevata prevalenza di patogeni a trasmissione ematica nella popolazione generale, anche se il grado di consapevolezza di tale rischio è risultato ridursi nel tempo. Con il ridursi della consapevolezza si è osservata progressivamente meno attenzione nella prevenzione dell'esposizione e nella segnalazione degli eventi. Pertanto, l'educazione finalizzata ad aumentare la consapevolezza del rischio mira a cambiare l'atteggiamento e i comportamenti individuali, con l'obiettivo di ridurre il tasso di punture d'ago e implementare il tasso di segnalazione degli eventi ai sistemi di sorveglianza ospedaliera. Data l'importanza del tema, lo studio proposto mira, mediante l'utilizzo di un questionario, a valutare le punture d'ago negli specializzandi che attualmente frequentano le Scuole di specialità in Ginecologia e Ostetricia Italiane. A questo scopo, abbiamo sviluppato l'Obstetrics Needlestick Injury Questionnaire (ONSI-Q), un questionario di 40 domande che sarà somministrato mediante una piattaforma web. L'ONSI-Q mira a valutare l'incidenza reale delle punture d'ago, le pratiche di protezione usualmente adottate, la presenza di fattori di rischio, e le caratteristiche degli incidenti durante le procedure ostetriche (sutura di lacerazione perineale, episiotomia e taglio cesareo). Questi risultati daranno l'opportunità di indagare un tema genericamente sottovalutato, al fine di implementare le pratiche educative, con l'obiettivo di migliorare la prevenzione e le strategie di segnalazione e quindi aumentare la sicurezza sul lavoro in questa specialità chirurgica ad alto rischio.

of such injuries occur each year in the healthcare services. The incidence of NSIs differ greatly within Europe, depending also on the reporting rate and the availability of data. For example, in UK studies show one of the lowest reporting rates of 9%, although NSIs are estimated around 100,000 per year, representing one of the most frequent accident among healthcare providers. In France, it has been reported an incidence of about 32,000 of such injuries per year, with an estimated reporting rate of 50%. In Sweden, the extremely high rate of unreporting is explained by the low attitude to report NSIs, which in turn is related to the low prevalence of harmful pathogens such as HCV, HBV and HIV. In Italy, where a national reporting system exists, surveys conducted on a

regular basis since 1986 documented an incidence of 27,000 claims of such occupational events per year<sup>(6)</sup>, with a reporting rate ranging from 0% to 65%<sup>(7,8)</sup>.

The Italian Occupational Risk Study on HIV (SIROH), which is the main public surveillance program for occupational infections in Italy, indicated that training personnel accounted for 13% of occupational exposures to NSIs<sup>(7)</sup>.

The European economic burden of NSIs, especially those resulting in infection, is substantial. In Italy, the annual costs for NSIs are estimated around euro 7 million, not including long term treatment, lost productivity, legal or compensation costs<sup>(6,7)</sup>. The injury risk for healthcare personnel is further increased by the high prevalence of hepatitis B (hepB), hepatitis C (hepC), and human immunodeficiency virus (HIV) in hospitalized surgical patients, with a reported exposure to these blood-borne pathogens as high as 38% considering all surgical procedures<sup>(9-11)</sup>.

However, the degree of concern about contraction of blood-borne pathogens was reported significantly lower over time, showing diminishing attitudes toward prevention of exposure<sup>(3,12,13)</sup>. Additionally, the majority of healthcare providers exposed to infective risk either undervalued or did not know seroconversion rates after exposure to common blood-borne pathogens<sup>(1,3)</sup>. After a hepB-positive needlestick injury, the transmission has been documented to range from 6% to 30%, although it has declined steadily since the mandatory vaccination of healthcare providers<sup>(14)</sup>. The average risks of hepC and HIV transmission, for which a vaccination is not currently available, following a contaminated NSI are 1.8%<sup>(15)</sup> and 0.3%, respectively<sup>(16)</sup>. Because of the increased risk of exposure, understanding incidence, causes, and methods to prevent blood-borne pathogens transmission is of paramount importance to reduce NSI incidence.

Underreporting is one of the major causes of the biased low priority that NSIs have received so far. The extent of this phenomenon has simply been underestimated. Previous reports found that 28% to 60% of NSIs were in fact unreported, and one-third of people with any injury had at least one unreported accident<sup>(3,15,17)</sup>. Underestimating of NSI rate and its related morbidity represents an important issue and healthcare workers should be educated on the importance of reporting all NSIs, on the true seroconversion rates in high-risk injury, and on the effectiveness of preventive measures and post exposure prophylaxis<sup>(1,3)</sup>.

Concerning this last element, an European

Union (EU) directive was published in June 2010 and made national law in all EU countries by May 2013<sup>(18)</sup>. The central elements were risk assessment, assignment of risk-dependent protection for each activity, as well as clear definition of a variety of protective measures. In order to protect employees from injury while they are working with medical sharps, the law requires that sharps should be replaced by suitable safety-engineered devices (SEDs) or by methods that reduce the risk of NSIs<sup>(19)</sup>. Although a protocol that changes the environmental risk is a good way to prevent injuries, it is important to remind that the most important factors of NSI risk are individual attitude and behavior<sup>(20)</sup>. The most commonly cited reason for NSI reported by different studies are "careless/accidental" or "rushed", with a demonstrated general lack of concern. Most NSIs occur during night and early morning hours, and most healthcare providers reported that they were injured by another individual<sup>(3,21)</sup>. In a previously published report, double gloving and eye protection in the operative room were reported as standard protocol by 25% and 79% of the healthcare providers, respectively<sup>(3)</sup>.

This can explain why the reports of sharp injuries in an Irish teaching hospital in 2000 versus 2010 found no difference in NSI rate, despite the implementation of the European Sharps Directive<sup>(20)</sup>.

The risk of NSIs is higher in surgical staff compared to the other healthcare providers, in particular, medical students and trainees have reported the highest rate of injuries<sup>(3,17,21,22)</sup>, often unreported because of perceived low risk<sup>(20)</sup>. This finding is well explained in a study published in 2007, investigating only trainees from surgical specialties, which found that 99% of them reported at least one NSI<sup>(21)</sup>. Another study conducted among medical students and senior faculties reported a 28% rate of injuries in medical students and 100% in faculty<sup>(17)</sup>, data confirmed also in a more recent report<sup>(3)</sup>. Surgeons in training of all specialties have the greatest risk of exposure due to the big amount of procedures performed during their training and the increased propensity for injury while learning new technical skills and working long hours<sup>(23)</sup>.

Although different studies investigated NSIs prevalence in surgical specialties, data about NSIs in gynecology and obstetrics are limited, in particular among trainees. However, on the basis of available data, gynecology and obstetrics should be considered a high-risk specialty for NSIs. In fact, NSIs have been reported to occur more in gynecology than in any other surgical specialties,

with rates of 10% during abdominal hysterectomy, 21% during vaginal hysterectomy, and 6–10% of gynecologic procedures overall<sup>(24,25)</sup>. The reported rates of NSIs-related glove perforations during obstetric and gynecologic surgeries ranged from 7 to 24%<sup>(26–30)</sup>. With regards to the specific context of a labor and delivery unit, Arena et al.<sup>(31)</sup> in 1991 reported that in nearly one quarter of cesarean sections and half of perineal laceration repairs, glove perforations were identified at the end of the procedure. In another study, the rate of surgical glove perforation in obstetrics was 21.7% at the time of cesarean and 10.4% at the time of vaginal delivery, with higher rates among repeated compared to primary cesarean deliveries, and in women with episiotomy extensions than in those without<sup>(32)</sup>.

These high rates could be explained by the increased rate of surgical procedures performed by obstetricians such as perineal tears, episiotomies and cesarean sections. Furthermore, these procedures are performed during day and night and sometimes in emergency situations that require short time. Moreover, perineal tears and episiotomy repairs are performed on the awake patient, often in movement, and in limited space, increasing the risk of auto-injuries.

The purpose of this study is to investigate the impact of needle incidents among current trainees in gynecology and obstetrics with a standardized, pre-piloted, national-based survey involving all academic hospitals in Italy. In details, the purpose is to assess the real incidence of NSIs among trainees in obstetrics and gynecology during obstetric procedures, their standard protection practices, their attitudes, the associated risk factors occurring during an incident, the perception of the real risk concerning blood-borne pathogens and the official reported rate of events. These results will provide a more complete vision of the real problem giving the opportunity to develop new educational protocol in order to improve standard practice safety.

## MATERIALS AND METHODS

### Obstetrics Needlestick Injury questionnaire (ONSI-Q)

We developed the Obstetrics Needlestick Injury questionnaire (ONSI-Q), a 40-items survey to investigate incidence of NSIs, protection practices, attitudes, associated risk factors, and the reported rate of events among trainees in obstetrics and gynecology during obstetrics

procedures (**Table 1**). The survey was designed by an expert group of two teaching medical doctors in obstetrics and gynecology (MF and RR), and two specialty tutors (SB and SG). The survey instrument was based on the surveys used by Makary et al. to study surgical trainees NSIs in 2007<sup>(21)</sup> and by Ouyang et al. to study medical trainees NSIs in 2017<sup>(33)</sup>. The surveys were changed and implemented with items consistent with obstetrics practice and procedures, with particular attention in episiotomy and cesarean section (**Table 2**). Thereafter, four trainees, two specialty tutors, and three medical educationalists checked the items for validity and suggested potential amendments or rewording. Duplicate or unclear items were changed or removed. The survey was finally revised, reviewed, written in a web-based platform and electronic survey logic was added. The questionnaire was pilot tested by a group of 56 trainees in Obstetrics and Gynecology from the proposer University Hospital of Verona, and feedback was incorporated before the survey tool was finalized. Questions included: demographics data, postgraduate year of clinical training, gender; the number of past NSIs; factors surrounding NSIs, factors and technique characteristics surrounding NSIs during perineal tears/episiotomy repair, factors and technique characteristics surrounding NSIs during cesarean section, reporting of injury, blunt needles use, exposure to and management of patients affected by hepB, hepC, and HIV; attitudes and concerns regarding exposure to bloodborne pathogens. All these data were investigated both for perineal tear/episiotomy and cesarean section.

### Data collection

All the Italian Obstetrics and Gynecology trainees will be invited to complete the ONSI-Q. The questionnaires will be submitted in Italian. ONSI-Q evaluations will be completed via a web-based platform, and participants will be reminded up to three times by e-mail to participate in the online ONSI-Q evaluations.

### Data analysis

Descriptive statistics and frequencies will be used to describe the main characteristics of the study population and for the ONSI-Q outcomes. For the ONSI-Q analysis no exclusion criteria will be used. Descriptive statistics will be used for variables with normal distribution expressed as mean and standard deviation (SD); for non-normal distribution variables and ordinal variables as median and interquartile range (IQR); for the nominal variables as number of cases

(n) and percent (%). For continuous variables, the normal distribution will be tested with Kolmogorov-Smirnov test. Wilcoxon test and Mann-Whitney test will be used to compare non-parametric and ordinal variables. Friedman test and Kruskal-Wallis test will be used to compare non-parametric and ordinal variables in case of two or more groups. T-test and ANOVA will be used to compare normal distributed variables. Categorical data will be analyzed with Chi-square test. Univariate logistic regression will be performed to assess the relationship between reporting behavior and possible predictive variables. Univariate logistic regression will be used to assess the relationship between number of needlestick injuries and possible predictive variables. All reported p values will be two-sided and significant will be considered at  $p < 0.05$ . All analyses will be performed in IBM SPSS Statistics 23.0, Armonk, NY.

#### **Ethics and methodological standards**

The study does not require approval by an independent Institutional Review Board (IRB) because no patients will be included. Informed consent will be required to each enrolled trainee using the web-based platform for ONSI-Q data collection and analysis for research purpose. Participation will be anonymous and voluntary for all trainees.

## **DISCUSSION**

Gynecology and obstetrics could be acknowledged as a high-risk specialty for NSIs among all surgical specialties<sup>(25)</sup>. Considering all healthcare providers, trainees have the highest risk for NSIs and a higher probability to underreport these accidents<sup>(3,21)</sup>. In this context, the future study will aim to assess the real incidence of NSIs in the specific field of obstetrical surgery.

Moreover, we want to investigate if trainees are aware of risks related to surgical procedures they perform in clinical practice and of the wrong attitudes that can increase NSIs rates, including the non-use of protection devices. The final purpose is to understand how to develop and improve educational programs in order to implement the safety of procedures and reduce the incidence of NSIs. Means of prevention of such injuries include using surgical staplers for the skin rather than subcuticular closure, handling the needle with forceps rather than fingers, positioning tissue with surgical retractors, double gloving for surgical procedures, and using blunt tip rather than the traditional taper tip and cutting tip surgical needles<sup>(25)</sup>.

Finally, trainees and all staff should be made aware of the higher than expected seroconversion rates and frequency of NSIs, as well as the importance of reporting NSIs to occupational health responsible, in order to assure an early intervention and a correct surveillance for the injured person, preventing the spread of blood-borne pathogens.

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## **DISCLOSURE OF INTERESTS**

The authors have no proprietary, financial, professional or other personal interest of any nature in any product, service or company. The authors alone are responsible for the content and writing of the paper.

All the authors conform the International Committee of Medical Journal Editors (ICMJE) criteria for authorship, contributed to the intellectual content of the study and gave approval for the final version of the article.

**Table 1.**  
*Obstetrics Needlestick Injury Questionnaire (ONSI-Q).*

1)	<input type="checkbox"/> Male <input type="checkbox"/> Female
2)	Which Obstetrics and Gynecology Residency Program are you attending?
3)	Have you sustained any needlestick injury as a resident? <input type="checkbox"/> Yes <input type="checkbox"/> No
4)	Which blood-born pathogen do you fear the most? <input type="checkbox"/> HIV <input type="checkbox"/> HBV <input type="checkbox"/> HCV
5)	Have you ever had a needle stick involving a "high risk" patient ("high risk" defined as history of HIV, hepatitis B or C, or IV drug use)? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I do not know
6)	At your Institution, are blunt suture needles used for obstetrical surgical procedures on patients with a history of HIV, hepatitis B or C, or IV drug use? <input type="checkbox"/> Yes, a specific protocol exists in the Department <input type="checkbox"/> No <input type="checkbox"/> Yes, at the surgeon's discretion
7)	How many needlestick injuries have you sustained on labor and delivery unit (cesarean section/ suture of perineal laceration/episiotomy)? <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> > 1 (please specify the number ____)
8)	If you have never had needle sticks in obstetrics, the most recent needle stick you have sustained occurred: <input type="checkbox"/> During gynecological surgical procedures (operating room or inpatient room setting) <input type="checkbox"/> During your 1st year rotation in "Tronco Comune" (please specify in: General Surgery/Plastic Surgery/ Anesthesiology)
9)	At which year of the Residency Program did you experience your most recent needle stick injury in obstetrics? <input type="checkbox"/> First <input type="checkbox"/> Second <input type="checkbox"/> Third <input type="checkbox"/> Fourth <input type="checkbox"/> Fifth
10)	Did your most recent needle stick injury in obstetrics involve a high-risk patient (HBV, HCV, HIV)? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> I do not know
11)	In your opinion, what was the cause of your most recent needle stick injury in obstetrics? (tick one relevant box) <input type="checkbox"/> Rushed <input type="checkbox"/> Nervousness <input type="checkbox"/> Fatigue <input type="checkbox"/> Lack of skill set required <input type="checkbox"/> Lack of appropriate assistance <input type="checkbox"/> Out of my control
12)	Which year of the Obstetrics and Gynecology Residency Program are you attending? <input type="checkbox"/> First <input type="checkbox"/> Second <input type="checkbox"/> Third <input type="checkbox"/> Fourth <input type="checkbox"/> Fifth
13)	Was your most recent needle stick injury in obstetrics? (tick appropriate box) <input type="checkbox"/> Self-induced <input type="checkbox"/> By someone else
14)	Which type of needle have you been injured by during your most recent needle stick in obstetrics? <input type="checkbox"/> Solid needle <input type="checkbox"/> Hollow-bore needle <input type="checkbox"/> I do not know / remember
15)	Which task were you doing during your recent needle stick? <input type="checkbox"/> Cleaning-up the operating field <input type="checkbox"/> Retracting tissue with appropriate device <input type="checkbox"/> Using my hand instead of appropriate device <input type="checkbox"/> Moving my hand in the operating field, injured by needle used by the lead surgeon
16)	Where did your most recent needle stick injury in obstetrics occur? <input type="checkbox"/> Operating room <input type="checkbox"/> Delivery room
17)	When did your most recent needle stick injury in obstetrics occur? <input type="checkbox"/> Day shift <input type="checkbox"/> Night shift
18)	Which procedure were you performing during your most recent needle stick injury in obstetrics? <input type="checkbox"/> Cesarean Section <input type="checkbox"/> Episiorrhaphy <input type="checkbox"/> Suture of vaginal laceration <input type="checkbox"/> Trachelorrhaphy <input type="checkbox"/> Other (please specify ____)
19)	Which kind of laceration were you repairing, if your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy? <input type="checkbox"/> 1 <sup>st</sup> grade laceration <input type="checkbox"/> 2 <sup>nd</sup> grade laceration <input type="checkbox"/> 3 <sup>rd</sup> grade laceration <input type="checkbox"/> 4 <sup>th</sup> grade laceration <input type="checkbox"/> Episiotomy <input type="checkbox"/> Ninforrhaphy
20)	Which tissue were you repairing, if your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy? <input type="checkbox"/> Cutis <input type="checkbox"/> Vaginal mucosa <input type="checkbox"/> Perineal Muscle <input type="checkbox"/> Rectal mucosa <input type="checkbox"/> Anal sphincter <input type="checkbox"/> I do not know/remember
21)	If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, how many of these procedures had you performed as first operator before? <input type="checkbox"/> < 10 <input type="checkbox"/> 10 - 50 <input type="checkbox"/> > 50
22)	If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, which suture technique were you using? <input type="checkbox"/> Continuous suture (see Royal College) <input type="checkbox"/> Interrupted stiches <input type="checkbox"/> Additional hemostasis stitches <input type="checkbox"/> I do not know / remember
23)	If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, which anesthesiologic technique were you using? <input type="checkbox"/> None <input type="checkbox"/> Local anesthesia with anesthetic infiltration <input type="checkbox"/> Epidural/spinal anesthesia (the patient had analgesia during labor) <input type="checkbox"/> General anesthesia (in case of complicated lacerations that require suture in the operating room)
24)	If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, were you supervised by a tutor? <input type="checkbox"/> No, I was completely autonomous <input type="checkbox"/> I was supervised by a senior trainee <input type="checkbox"/> I was supervised by a consultant

25) If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, were you assisted by a midwife?	<input type="checkbox"/> Yes <input type="checkbox"/> No
26) If your recent needle stick injury occurred during suture of vaginal laceration/episiorrhaphy, was it particularly difficult?	<input type="checkbox"/> Yes <input type="checkbox"/> No
27) If your recent needle stick injury occurred during cesarean section, you were:	<input type="checkbox"/> First operator <input type="checkbox"/> Second Operator <input type="checkbox"/> Third Operator
28) If your recent needle stick injury occurred during cesarean section, the surgical procedure was:	<input type="checkbox"/> Emergency cesarean section (red code) <input type="checkbox"/> Urgent cesarean section (yellow code) <input type="checkbox"/> Scheduled cesarean section (green code) <input type="checkbox"/> Elective cesarean section (with code)
29) If your recent needle stick injury occurred during cesarean section, in your opinion the surgical procedure was particularly difficult because of:	<input type="checkbox"/> High number of previous hysterotomies (cesarean section and/or myomectomy) <input type="checkbox"/> Difficult hemostasis <input type="checkbox"/> Emergency procedure <input type="checkbox"/> It was not complicated
30) If your recent needle stick injury occurred during cesarean section, the surgical procedure was assisted by:	<input type="checkbox"/> Instrumentalist nurse <input type="checkbox"/> Midwife
31) Which tissue were you repairing, if your recent needle stick injury occurred during cesarean section?	<input type="checkbox"/> Cutis <input type="checkbox"/> Subcutaneous tissue <input type="checkbox"/> Fascia <input type="checkbox"/> Peritoneum <input type="checkbox"/> Uterus: hysterorrhaphy <input type="checkbox"/> Uterus: hemostatic suture <input type="checkbox"/> Other (please specify ____ ) <input type="checkbox"/> I do not remember
32) If your recent needle stick injury occurred during cesarean section, the surgical procedure was complicated by:	<input type="checkbox"/> Uterine hemorrhage <input type="checkbox"/> Extrauterine hemorrhage <input type="checkbox"/> Vesical lesion <input type="checkbox"/> There were not complications <input type="checkbox"/> Other (please specify ____ )
33) What did you do after your recent needle stick injury? (tick all appropriate boxes)	<input type="checkbox"/> "I continued to work as it had not happened" <input type="checkbox"/> "I reported the accident to someone" <input type="checkbox"/> "I washed the wound with disinfectant solution" <input type="checkbox"/> "A witness encouraged me to report the injury and ask for help" <input type="checkbox"/> "I requested the serological screening for infectious disease of the patient" <input type="checkbox"/> "I underwent serological evaluation for bloodborne pathogens"
34) Which is the level of needle handling safety training you have received?	<input type="checkbox"/> I did not receive any training <input type="checkbox"/> Not adequate training <input type="checkbox"/> Adequate training
35) If you got training, was it offered in the form of (tick all appropriate boxes):	<input type="checkbox"/> Lectures <input type="checkbox"/> Practical advice provided during procedures (for example by the first operator or instrumentalist) <input type="checkbox"/> Suggested readings <input type="checkbox"/> Practical training <input type="checkbox"/> I did not receive any training
36) When do you think would be the best opportunity to introduce needle handling safety training?	<input type="checkbox"/> During Medical school <input type="checkbox"/> At the first year of training <input type="checkbox"/> After the first year of training
37) After your recent needle stick injury, who was aware of the accident? (tick all appropriate boxes)	<input type="checkbox"/> Consultant <input type="checkbox"/> Senior trainee <input type="checkbox"/> Younger trainee or same year of training <input type="checkbox"/> Instrumentalist <input type="checkbox"/> Nurse <input type="checkbox"/> Midwife <input type="checkbox"/> Anesthesiologist <input type="checkbox"/> Partner <input type="checkbox"/> Husband/Wife
38) Did you report your recent needle stick injury?	<input type="checkbox"/> Yes <input type="checkbox"/> No
39) If you did not report your recent needle stick injury, which was the most important reason? (tick one relevant box)	<input type="checkbox"/> "The procedure takes too much time" <input type="checkbox"/> "Reporting is not useful" <input type="checkbox"/> "I did not want to know the results of my serological screening" <input type="checkbox"/> "I did not want to know the results of the patient's serological screening" <input type="checkbox"/> "I did not want people to know about my needlestick injury" <input type="checkbox"/> "I was aware of patient serological screening (HIV-HBV- HCV) and drug use history" <input type="checkbox"/> "I did not know where to report the injury" <input type="checkbox"/> "My colleagues usually do not report needlestick injuries"
40) If you reported the injury, did you complete the follow-up and undergo the recommended serological exams?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> The follow-up is ongoing

**Table 2.**  
*Comparison of Obstetrics Needlestick Injury Questionnaire (ONSI-Q) with the reference surveys.*

<b>Survey Items</b>	<b>Makary et al. (2007)</b>	<b>Ouyang et al. (2016)</b>	<b>Present Study</b>
<b>Instrument</b>			
Survey distribution	Survey form to be completed	Web-based platform	Web-based platform
Number of questions	6	16	40
Type of questions	Qualitative and quantitative	Qualitative and quantitative	Qualitative and quantitative
Pilot test	yes	yes	yes
<b>Surveyed trainees' demographics</b>			
Number invited to participate	741 (699 respondents)	840 (350 respondents)	1180 will be contacted
Level of training	General Surgery trainees (also, trainees in 4 subspecialties regularly rotating in GS)	Medical students/residents/postgraduate fellows	Ob-Gyn trainees
Institution	19 Residency programs in USA	Toronto University Hospital	38 Residency programs in Italy
<b>Previous NSIs</b>			
	yes	yes	yes
<b>Most recent NSIs</b>			
	yes (expanded set of questions)	yes	yes (expanded set of questions)
<b>NSI circumstances</b>			
Specific field of work	yes (Surgery)	no	Yes (Obstetrics)
Specific surgical setting	no	no	yes (Delivery Room/CS-OR)
Relation to specific surgical procedure	no	no	yes (expanded set of questions for Vaginal Suture and CS)
Source of NSI	yes	yes	yes
Task performed during injury	yes	yes	yes
Perceived cause of NSI	yes	no	yes
<b>Involvement of High-Risk Patients (HRP)</b>			
Fear of blood-borne pathogens	yes	no	yes
NSIs in this circumstance	yes	no	yes
Institutional protocol for prevention of NSIs in case of HRP	no	no	yes
<b>Post exposure immediate actions</b>			
	no	yes	yes
<b>Report after NSI</b>			
Occupational Health	yes	yes	yes
Another person	yes	yes	yes
Reason for not reporting	yes	yes	yes
Completion of the reporting/surveillance practice	no	no	yes
<b>Needle handling training</b>			
	no	yes	yes

NSI= needlestick injury; CS=Cesarean Section; OR= Operating Room; GS= General Surgery



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